

Mountain Bike Orienteering Challenge | 21st Jan 2006

The Akatarawa Attack

A Mountain Bike Rogaine set in the rugged wilds of the Akatarawa ranges north of Wellington, and the home of the Karapoti Classic mountain bike race. The area covers about 200 sq km from Mckays crossing and the Akatarawa Saddle in the north to Haywards Hill road in the south and promises a full day of challenge for any mountain biking enthusiast. The inaugural event will cover about 50% of the southern region and its your chance to ride a variety of tracks from 4WD to single track at your own pace. Its a mountain bike race with a difference and where you get to choose your own course. A race where the fastest and fittest are more often out witted by sly and cunning.

What is It ?

A Rogaine is a navigation adventure for teams of 2 - 5. Points are scored by visiting locations marked on a map within your chosen time period of 4 or 8 hours. A team of volunteers have visited and plotted dozens of new and some previously un-documented tracks in the area for your riding pleasure. The detailed map marked with the location of the points will be provided on the day.

Who can participate?

Anyone over 16 can participate as the area is rugged and remote. Teams of two or more members are compulsory and must race and visit the points together.

You will need to be able to deal with simple bike repairs and if necessary be prepared to hike out! There is a list of compulsory gear items that must be carried by each team.



You don't have to be crazy to take part but it helps

Race Day

The events start at 9:00 and 12:30pm respectively. The maps will be available from one hour before the start of each event. Finish time is 4:30pm for the 4 hour and 5:00pm for the 8 hour event. Prize giving and barbeque will follow. Points are deducted from your score if you return late.

The start location is currently secret but will be less than 30min from Upper and Lower Hutt and Porirua. Teams will be advised in an email about two weeks prior to the event. Turn up at least 1 hour prior to the start for registration and the gear check.

Every rider will receive a detailed map of the area with the tracks marked. Points of different values will be scattered across the map. You choose what you can achieve, and ride your chosen route, but remember to leave a few points for the ride home. Each point has a marker flag and clip to prove you were there. Hand in your score cards at the end and enjoy a barbeque while the results are collated.

Entry Details

The entry fee is \$40 per person for the 8 hour event and \$30 per person for the 4 hour event. There is a \$10 discount for Orienteering clubs and members of HVMBC mountain bike club. **Entries close on 12th January 2006** (Late entries will incur an additional \$10 Fee). Late entries or additional team members are welcome subject to map supply Half Price entry to under 21 (as at December 31 2006)

The entry fee includes land access, spot prizes and a free barbeque after the event. Bring your own drinks and other snacks.

Around the 14th of January we will email further details including any additional requirements or equipment and the start and finish location for registration.

To enter, fill in the attached entry form and attach the entry fee.

Compulsory Equipment

Each team must be self sufficient and you must have the tools and skills to perform basic repairs to your bike. A knowledge of first aid is essential.

Each team must carry the following gear throughout the event.

Individual

- Rain jacket
- Hat or balaclava
- Thermal top
- Sufficient food & water for 4 or 8 hours

Team

- Survival blanket
- First aid kit
- Compass (and Map provided)
- Cycle repair kit, pump, spare tube, etc

To register, separate this form from the information sheet and send it to

Akatarawa Attack, P.O.Box 30 398 Lower Hutt

Make Cheques out to **Orienteering Hutt Valley**, or if electronic transfer is preferred use bank account 010514 0135615 00. Include your name in the particulars and AK06 as a reference. Add your bank account and date of transfer to the bottom of the form.

	4 Hours		8 hours	
	Open 16 - 39	Vet 40 +	Open 16 - 39	Vet 40 +
Women				
Men				
Mixed				

Please check one box above to indicate category for your team.

Note: Age categories are governed by your age at the end of December 2006, Teams race in the age category of the youngest rider.

Team Name:

Name **Age**

Address **Fee \$**

City

Ph/Mobile

Email @.....

Name **Age**

Ph/Mobile **Fee \$**

Email @.....

Name **Age**

Ph/Mobile **Fee \$**

Email @.....

Name **Age**

Ph/Mobile **Fee \$**

Email @.....

Name **Age**

Ph/Mobile **Fee \$**

Email @.....

Don't forget to sign the waiver section of the document

Total \$

Organisers and other resources

The event is organised by Orienteering Hutt Valley, which pioneered Rogaining and Mountain Bike Orienteering in New Zealand. Additional help from the Hutt Valley Mountain bike club. The final information will be available on the OHV web site.



Need More Information? MTB-Orienteering has its own website which can be found at www.mapsport.co.nz/mtbo/mtbo.html.

Or contact Michael Wood Ph (04) 566 2645

michael.wood@mapsport.co.nz



Other resources

Here are some other resources that might assist you with planning for the event and tips on how to Mountain Bike Rogaine. An important tool is a map holder. These sites give some tips on buying or building a map holder.

<http://mapsport.co.nz/mssnews.html>

<http://trusthouse.co.nz/sport/orienteering/mtbo.htm>

<http://www.adventureracingzone.com/forum/viewtopic.php?t=340>

<http://www.mintcakemtb.co.uk/bikingarticles/mapboards.html>

http://www.aucklandmtb.co.nz/MTBO_Main_Page.shtml

During the 2006 season there is a series of 6 - 8 shorter events around Wellington. These are scheduled for the 4th Saturday of each month. Details will be published on the MTBO web site from February 2006. <http://www.mapsport.co.nz/mtbo/mtbo.html>.

OHV offer an introductory half-price subscription deal for those interested in the series

Support and spot prizes from Wellington bike shops.

WAIVER: I / We accept the conditions of entry and acknowledge that mountain biking is an inherently risky and physically challenging activity. I / We have read and understood all the information supplied in the entry form. I/we" enter this event knowing full well the risks and demands involved and I/we accept full responsibility for taking part in this event. I / We hereby indemnify the organiser, and those assisting organiser with the event, the sponsors, land owners and occupiers against all claims including injury to person or property, which may arise directly or indirectly from my/our taking part in the event.

Signed:

Signed: Signed:

Signed: Signed:

So you thought the Karapoti Classic was tough